

# A day in the life ...

## OBJECTIVES

### Grammar

- Present simple – affirmative, negative and questions
- Prepositions of time: *in, on, at*
- Preferences: *to like/love* etc. + *-ing*

### Vocabulary

- Verbs of routine
- Time and dates
- Ordinal numbers

### Skills

- Reading about Australian lifestyle
- Listening to descriptions of special days
- Speaking – describing a day you like
- Writing a short text about your country

## PRESENTATION

- 1 1.18 Look at the photos. Then listen and read what the people say about Carol. What is her job in your opinion?

Tim

Well, she goes out on Friday and Saturday nights. She catches a bus at about 7 p.m. and gets home at about two or three in the morning – I hear the taxi. I think she works in a restaurant because she finishes work very late.

Maureen

We think she doesn't work because she's very rich – perhaps she comes from a famous family, and she lives here because she wants a quiet life.

Stan

Yes, but every day different young people come and they listen to music for hours. I think she likes going to parties at the weekend too – she gets up very late on Saturdays, and on Sundays we don't see her!

- 2 Who thinks that Carol ...

- 1 has a lot of money?
- 2 works at night?
- 3 has a lot of visitors?
- 4 travels by public transport?
- 5 sleeps on Saturday mornings?

- 3 1.19 Complete the sentences about Carol with the verbs below. Then listen and check.

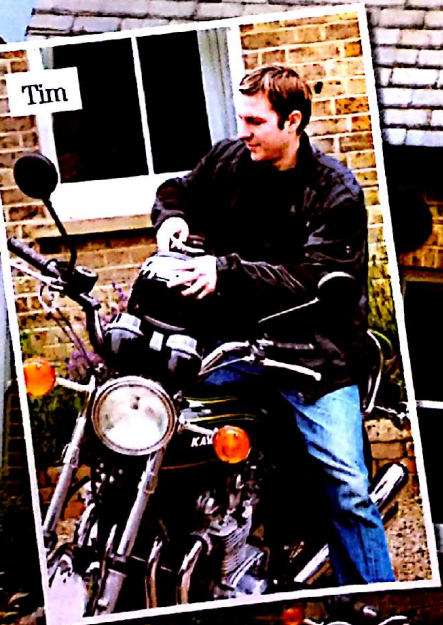
write • relax • give • sing • have  
watch • finish • get • start

- 1 I \_\_\_\_\_ a shower and go for a walk.
- 2 I \_\_\_\_\_ songs all morning. I have lunch at one and \_\_\_\_\_ the news on TV.
- 3 I \_\_\_\_\_ music lessons.
- 4 I \_\_\_\_\_ at a jazz club. I \_\_\_\_\_ at nine and \_\_\_\_\_ at about one in the morning.
- 5 I \_\_\_\_\_ a taxi home.
- 6 On Saturdays and Sundays I \_\_\_\_\_.

- 4 Tick (✓) three jobs that Carol does.

songwriter ☐ babysitter ☐ artist ☐  
music teacher ☐ singer ☐ taxi driver ☐

Tim



Carol





## GRAMMAR

## Present simple – affirmative and negative

We use the **Present simple** for regular activities and general facts.

## Affirmative

I/You/We/They	start	
He/She/It	starts	at 9 o'clock.

## Negative

I/You/We/They	do not (don't)	
He/She/It	does not (doesn't)	finish at 9 o'clock.

Spelling rules: *he/she/it*

- Most verbs: add **s** – works, gets, writes
- Verb ending in **-o**, **-sh**, **-ch**, **-x**: add **-es** – goes, finishes, catches, relaxes
- Verbs ending in a consonant + **y**: change **y** to **-ies** – studies
- *Have* is irregular: have – has

WB p. 28

## 5 Complete the sentences with the correct form of the verbs in brackets.

- 1 Carol \_\_\_\_\_ (finish) work very late.
- 2 We \_\_\_\_\_ (catch) the bus to school in the morning.
- 3 He \_\_\_\_\_ (go out) with friends on Saturday nights.
- 4 I \_\_\_\_\_ (not think) Stan \_\_\_\_\_ (live) in Cambridge.
- 5 They \_\_\_\_\_ (not like) parties and clubs.

## 6 Reorder the words to make sentences.

- 1 don't / we / on Sundays / see her
- 2 I / a taxi / home / get
- 3 has / every day / a shower / Carol
- 4 next door / Maureen and Stan / live
- 5 Tim / finish / late / doesn't
- 6 work / don't / I / in a restaurant

## 7 Look at Exercise 1 again and write T (true) or F (false). Then correct the false sentences.

- 1 Carol works in an office. \_\_\_\_\_
- 2 Maureen and Stan live next door to Carol. \_\_\_\_\_
- 3 Carol catches a bus home from the club. \_\_\_\_\_
- 4 Young people watch TV in Carol's house. \_\_\_\_\_
- 5 Stan sees Carol on Sundays. \_\_\_\_\_
- 6 Carol gets up late on Saturdays and Sundays. \_\_\_\_\_

## Pronunciation

## 8a 1.20 Listen and repeat the verbs below. Then write them in the correct column.

gets • writes • ~~reads~~ • likes • works  
goes • thinks • ~~catches~~ • finishes • has  
relaxes • wants • lives • watches • sees

/s/	/z/	/ɪz/
gets	reads	catches

## 8b 1.20 Now listen and check.





# Are you an **early bird** or a **night owl**?



- 1** Do you get up  
a before 7 a.m.  
b after 7 a.m.?
- 2** Does your alarm clock wake you up?  
a Yes, it does, and I get up immediately.  
b No, it doesn't, I don't hear it.
- 3** Do you eat a big breakfast?  
a No, I don't eat breakfast – no time!  
b Yes, I do.
- 4** Does your best friend phone you after 9 p.m.?  
a Yes, he/she does.  
b No, he/she doesn't: I'm in bed.
- 5** Does your brain work best  
a before lunch?  
b after dinner?
- 6** Do you usually go to bed after 11 p.m.?  
a No, I don't.  
b Yes, I do.



**Totals**  
6-7 You are definitely a night owl.  
8-10 You are not a night owl or an early bird: it depends.  
11-12 You are definitely an early bird.

4 a 1 b 2  
5 a 2 b 1  
6 a 2 b 1

a 2 b 1  
a 2 b 1  
a 1 b 2



## PRESENTATION

- 9 Do the quiz on page 34 and find out if you are an early bird or a night owl. Then choose the correct ending (a-d) for the sentences below.

- 1 A night owl ...      2 An early bird ...  
 a doesn't have time for breakfast.  
 b gets up very early.  
 c hears the alarm clock.  
 d goes to bed very late.

## GRAMMAR

### Present simple – questions

To make a question in the Present simple we put **do** or **does** before the subject.

#### Yes/No questions

Do	I/you/we/they	eat a big breakfast? go to bed after 11 p.m.? study English?
Does	he/she/it	wake you up? live here? drink milk?

#### Short answers

Yes, No,	I/you/we/they	do. don't.
Yes, No,	he/she/it	does. doesn't.

WB p. 28

- 10 Use the prompts below to make questions. Then write a true short answer for each question.

- you / get up / before seven o'clock / ?
- your father / have breakfast / with you / ?
- you / go to school / by bus / ?
- your friends / have lunch / at school / ?
- your school / start / at eight o'clock / ?
- you / play sports / after school / ?

- 11 Complete the conversation with the correct form of the verbs in brackets or a short answer.

- Katie I know you're an actress, Cindy.  
 1 \_\_\_\_\_ you \_\_\_\_\_ (act) in films?  
 Cindy No, I 2 \_\_\_\_\_. I 3 \_\_\_\_\_ (work) in the theatre.  
 Katie 4 \_\_\_\_\_ you \_\_\_\_\_ (work) at night?  
 Cindy Yes, I 5 \_\_\_\_\_. The show 6 \_\_\_\_\_ (start) at eight o'clock.  
 Katie 7 \_\_\_\_\_ you \_\_\_\_\_ (go) to bed late?  
 Cindy Yes, I 8 \_\_\_\_\_. But I 9 \_\_\_\_\_ (sleep) all day!

- 12 Read Martin's description of his friend Henry and complete it with the correct form of the verbs below.

read • not cook • spend  
 not like • not watch

Martin Henry is my good friend, but we are very different. I really love food but I 1 \_\_\_\_\_. Luckily Henry is a great cook! We both love Italian food. He 2 \_\_\_\_\_ a lot of money on DVDs and I don't, I 3 \_\_\_\_\_ cinema. I like pop music, and I've got lots of CDs. He 4 \_\_\_\_\_ a lot of history books, but I prefer fashion magazines. He 5 \_\_\_\_\_ TV at all but I do. I like all types of programmes.

- 13 1.21 Read the text in Exercise 12 again. Listen to Henry's description of Martin and note down the differences.

- (food) Martin says they love Italian food but Henry says they love Indian food.
- (money) \_\_\_\_\_
- (music) \_\_\_\_\_
- (books) \_\_\_\_\_


- 14 Write questions about Martin and Henry using the prompts below and answer using a short answer.

- Henry / spend money on CDs?
- Martin / like music?
- Henry / cook a lot?
- Martin / read history books?
- Henry / watch TV?



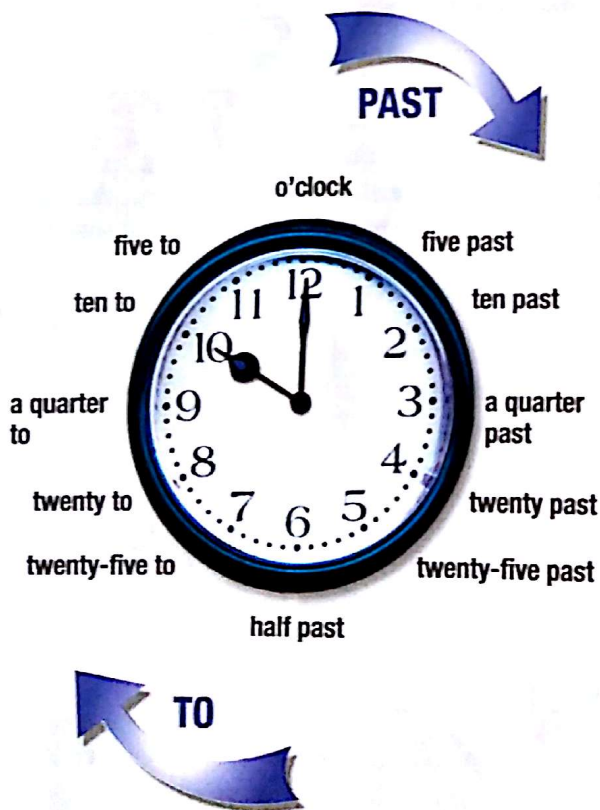


## PRESENTATION

- 15  1.22 Listen and read what Henry says about Martin and circle the times.

Henry Martin doesn't work in an office, he's a student so he gets up late, around ten thirty. He doesn't cook so he goes to the café for breakfast at eleven o'clock. Then he walks to the shop and buys a magazine. He goes to the park at half past eleven and reads in the sun. At half past one he has lunch in the café. He goes home at a quarter to three and at a quarter past three he starts to study. He finishes at six o'clock when I arrive home. We eat dinner at half past seven, and at twenty past eight he watches his favourite TV programme. At ten o'clock Martin goes to bed because he is exhausted! What a life!

- 16 Look at the diagram below and match Martin's activities (1-6) with the times (a-f).



- |                   |         |
|-------------------|---------|
| 1 eats dinner     | a 22.00 |
| 2 starts to study | b 11.00 |
| 3 watches TV      | c 19.30 |
| 4 goes to bed     | d 20.20 |
| 5 goes home       | e 14.45 |
| 6 has breakfast   | f 15.15 |

## FUNCTIONS

### Telling the time

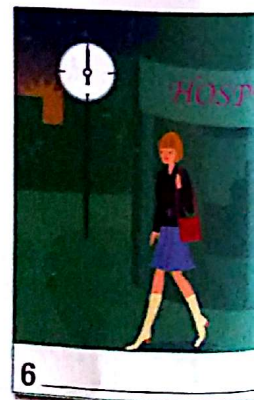
In English we say the minutes before the hours.  
It's five past three.  
She gets up at twenty to eight.

*Sono le tre e cinque  
Si alza alle otto meno venti.*

We add *a.m.* or *p.m.* to indicate morning or evening.  
I start work at 9 a.m.  
The film starts at 9 p.m.

*Comincio a lavorare alle 9.  
Il film inizia alle 21.*

- 17 Sophie is a nurse. Look at the pictures of a typical day in her life and complete the times.



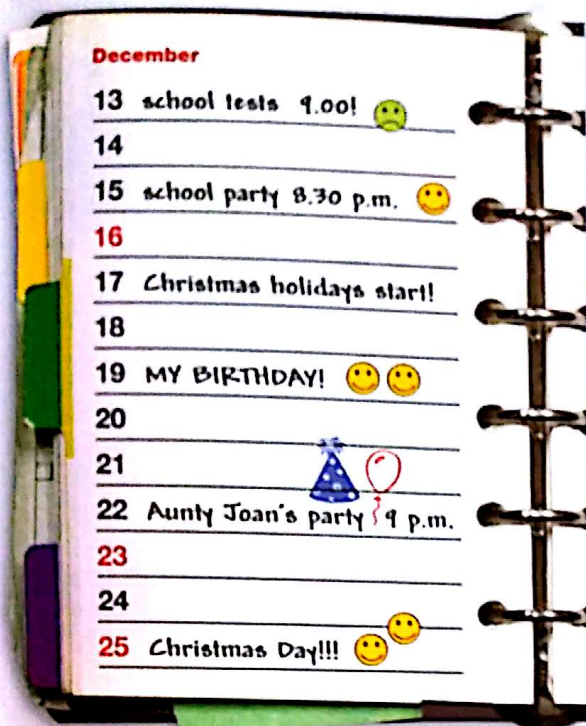
- 18 Write six sentences about Sophie's day using the words below. Write *a.m.* or *p.m.*

catch/bus • check/patients • get up  
leave/hospital • put on/uniform • write/reports

Sophie gets up at half past seven p.m.



## TIME AND DATES



**A** Look at Jill's notes on her diary. Complete the sentences with the correct information.

- The school party is on 15<sup>th</sup> December.
- Jill's \_\_\_\_\_ is on 19<sup>th</sup> December.
- The \_\_\_\_\_ are on 13<sup>th</sup> December.
- Jill's \_\_\_\_\_ start on 17<sup>th</sup> December.
- Auntie Joan's \_\_\_\_\_ is on 22<sup>nd</sup> December.
- \_\_\_\_\_ is on 25<sup>th</sup> December.

### MIND THE TRAP!

#### Ordinal numbers and dates

##### We write

1<sup>st</sup> May

6<sup>th</sup> July

##### We say

The first of May / May the first

The sixth of July / July the sixth

WB p. 29

**B** 1.23 Listen and write the dates.

- |                            |         |
|----------------------------|---------|
| 1 3 <sup>rd</sup> December | 4 _____ |
| 2 _____                    | 5 _____ |
| 3 _____                    | 6 _____ |

**C** 1.24 Say the dates. Then listen and check.

- |                           |                             |
|---------------------------|-----------------------------|
| 1 4 <sup>th</sup> July    | 4 29 <sup>th</sup> February |
| 2 1 <sup>st</sup> January | 5 30 <sup>th</sup> August   |
| 3 15 <sup>th</sup> May    | 6 8 <sup>th</sup> September |

## GRAMMAR

### Prepositions of time: *in, on, at*

We use *in* with months and parts of the day.

*in* September      *in* the morning

We use *on* with days of the week and dates.

*on* Saturday      *on* the 3<sup>rd</sup> May

We use *at* with times and with certain time expressions.

*at* six o'clock      *at* night  
*at* the weekend      *at* Christmas

WB p. 29

**D** Complete the table below with the correct time expressions below.

March • 7.30 • 2<sup>nd</sup> of June • midnight  
the evening • Friday night • night • the weekend  
ten o'clock • Wednesday • the afternoon  
30<sup>th</sup> November • Easter • October • Christmas

In	On	At

**E** Work in pairs. Take turns to say when you do the activities below using a preposition of time and a time expression from Exercise D.

~~have a snack~~ • buy presents • have breakfast  
go shopping • watch TV  
eat lots of chocolate • ~~go out with friends~~

**A** I have a snack in the afternoon.

**B** I go out with friends on Friday night.



## SKILLS – READING

19 Read the article quickly. What is the main idea of the article? Tick (✓) a, b or c. Don't worry about new words.

- a Young people in Australia ☐
- b The Australian way of life ☐
- c Brad's family ☐

20 Read Train Your Brain. Then read the article again and underline two or three words that show the main idea of each paragraph.

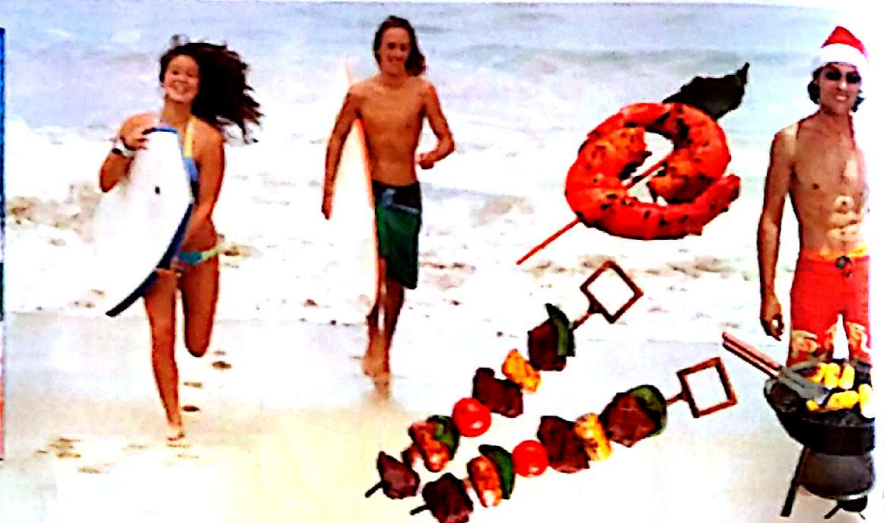
### TRAIN YOUR BRAIN | Reading skills

#### Understanding the main ideas

It's helpful to understand the main idea of a text before you read it in detail.

- 1 Underline the important words in each paragraph.
- 2 Decide on the main idea of each paragraph.
- 3 Check new words in a dictionary.

### LIFESTYLE >>> REAL LIVES



1 **B**rad lives with his parents and two sisters in Sydney, Australia. They live in a big flat near the sea. Brad is 17 years old and he is in his final year at high school. School starts at 9 in the morning and finishes at 3.30 p.m. Brad's school uniform is a T-shirt and a pair of shorts!

2 The weather in Australia is good and Australians like the outdoor life – they do a lot of sport. Brad and his sisters go to the beach in the summer. Brad loves surfing; he goes every weekend and every day before school.

3 In the summer, a lot of Australians have barbeques at the weekend. They get together with their friends and family in the garden, in the park or on the beach. They cook meat or seafood. In the winter they eat at restaurants. Thai food, Italian food and Greek food are very popular.

4 Brad says, 'The long school holidays are from December to January. That's summer in Australia. Christmas day is hot! Australians stay at home for the holidays and they have dinner on the beach.'

21 **E** Match the headings (a-e) to the paragraphs (1-4). Use your underlined words to help you. There is one extra heading.

- a Food ☐
- b Family and school ☐
- c Holidays and festivals ☐
- d Shops ☐
- e Free time ☐

22a Work in pairs. Compare your country to Australia. What is the same/different? Think about:

- school: *uniform?* *start and finish time?*
- free time: *weather?* *sport?*
- holidays: *when?* *summer?* *Christmas?*

22b Use your ideas from Exercise 22a and the text about Brad to write a short text about your country.





## SKILLS – LISTENING AND SPEAKING

23 The photos show:

- a Christmas Day ☐  
 b New Year's Eve ☐  
 c a birthday ☐



24 1.25 Listen to Renata, Marta and Tom. Which days do they talk about?

- 1 Renata \_\_\_\_\_  
 2 Marta \_\_\_\_\_  
 3 Tom \_\_\_\_\_

25 1.25 Listen again. Then write true (T) or false (F).

- 1 Renata's favourite day is Christmas Day. \_\_\_\_\_  
 2 She goes to the beach before dinner. \_\_\_\_\_  
 3 Marta's birthday is on 15<sup>th</sup> August. \_\_\_\_\_  
 4 She opens her birthday cards after breakfast. \_\_\_\_\_  
 5 Tom enjoys Christmas Day. \_\_\_\_\_  
 6 His family open their presents after lunch. \_\_\_\_\_

26 Study the Grammar box. Then match the beginnings of the sentences (1-6) with their endings (a-f).

- |                           |                         |
|---------------------------|-------------------------|
| 1 Cats hate               | a hearing bad news.     |
| 2 Girls like              | b having a bath.        |
| 3 People don't enjoy      | c swimming.             |
| 4 Babies enjoy            | d going to bed late.    |
| 5 Teenagers love          | e correcting homework.  |
| 6 My teacher doesn't like | f shopping for clothes. |

27a Prepare to tell your partner about a day you like. Make notes about:

- the date/day: *it's the (1<sup>st</sup> of May), it's in (May), it's (my birthday)* etc.
- the things you do: *meet friends, have cake/a party, open presents/cards* etc.
- the things you like/love/enjoy: *going to the cinema/for a picnic, visiting the family* etc.
- the things you don't like/hate: *waking up early, shopping* etc.

27b Work in pairs. Ask and answer about your favourite day.

## GRAMMAR

### Preferences

To like/love/enjoy/don't like/hate

+ -ing: Renata **loves** watching fireworks.  
 Tom **hates** opening presents.  
 I **don't like** doing my homework.

+ noun: Marta **enjoys** her birthday.  
 I **like** holidays.